

FEBRUARY

MONTHLY CHALLENGES

WEEK 1

Practice putting two groups of things (as long as its less than 10) into one group, and counting them all up together!

If you have any pets, discuss what type of animal they are and how you know that! For example, are they mammals, reptiles, or fish?

Read a non-fiction story together and point out how you can tell things are non-fiction or even just factual.

Play a card game like Uno or Go Fish with your families and/or friends.

WEEK 2

Have a conversation with your family over dinner about the things you like about each other.

Practice breaking apart short words by individual sound! Use your fingers to tap out each sound.

Finger paint a picture of your favorite thing to do when it's snowing outside!

Take some recyclable objects and build a replica of your home!

WEEK 3

Show your parents some of your favorite yoga poses!

Practice skip counting by 10s or 2s all the way to 100!

Count all of the vowels in your full name! Then try to do the same with your family members' names.

Find something in your house to focus on and talk about how that invention came to be, or what it was like years and years ago before it developed into what it is today.

WEEK 4

Do some team building like working together on a puzzle, playing a team sport, cooking together, etc. [Bonus if you can include this in a playdate with another child!]

If you're able, visit a museum! Art, history, science, whatever! Many have children's areas or programs.

Read a story or watch something (TV Episode or movie) and then have your student recall what happened in the beginning, middle, and end.

Teach each other the words to your favorite songs!